

Role of a Mentee

ISOQOL supports our members by facilitating the matching of mentors and mentees and providing an opportunity for them to meet in person at the Annual Conference. Mentor/mentee matching helps new members navigate the society's diverse network, supports the development of meaningful professional connections, and helps advance the HRQL field as a whole.

What is a mentee? – Mentees are individuals in training, recent graduates or new ISOQOL members. The typical ISOQOL mentee is someone who is passionate about learning, is seeking career advice and professional networking connections, and appreciates the time dedicated by the mentor.

- **Pre-Conference Connections:** Before the Mentor/Mentee Reception at the Annual Conference, all mentor/mentee pairs will be connected via email by the ISOQOL Office to informally “e-meet” one another. Mentors and mentees are encouraged to connect several times by phone or email before meeting face-to-face at the conference.
- **The Mentor/Mentee Reception:** Every year at the Annual Conference, ISOQOL hosts the Mentor/Mentee Reception for mentors and mentees to come together and connect face-to-face. Relationships are fostered at this event, where individuals share their work, career ambitions, and questions about the trade.

As a mentee, we ask that you:

1. Share your background and professional and personal experiences.
 2. Be prepared with a few questions to discuss with your assigned mentor at the reception.
 3. Visit the ISOQOL website to review the [educational](#) and [networking](#) opportunities that are available to you throughout the year. Your mentor can give you their personal experiences on the various initiatives.
- **After the Conference:** ISOQOL's formal involvement in your mentoring relationship ends after the Mentor/Mentee Reception, and many mentors have workloads that make it challenging to continue a relationship post-Conference.

However, your mentoring relationship need not be limited to this reception. You may wish to find an additional time to connect at the Conference: opportunities include meeting for coffee or lunch, or touring the digital poster hall together. Communicate with your mentor about what you would like to do.

Thank you for participating in this program. We hope that you find your experience as a mentee informative and rewarding.