

## Role of a Mentee

ISOQOL supports our members by facilitating the matching of mentors and mentees and providing an opportunity for them to meet – this year virtually – near the Annual Conference dates. Mentor/mentee matching helps new members navigate the society's diverse network, supports the development of meaningful professional connections, and helps advance the HRQL field as a whole.

**What is a mentee?** – Mentees are individuals in training, recent graduates or new ISOQOL members. The typical ISOQOL mentee is someone who is passionate about learning, is seeking career advice and professional networking connections, and appreciates the time dedicated by the mentor.

- **Pre-Conference Connections:** Before the Virtual 28th Annual Conference, all mentor/mentee pairs will be connected via email by the ISOQOL Office to e-meet one another informally and share contact information. Mentors and mentees are encouraged to communicate over email prior to the virtual meet-up in October.
- **Mentor/Mentee One-On-One Meetings:** Unique to 2021, ISOQOL is providing a virtual videoconferencing platform for each mentor/mentee pair or group to meet face-to-face through their computer screens. The platform is available anytime 12-28 October, however if those dates are not suitable for the pair you may use another videoconferencing platform available to you. During your pre-conference communications, ask your mentor for their availability while keeping in mind your different time zones.
  - This one-on-one meeting will foster relationships where individuals share their work, career ambitions, and questions about the trade.

### As a mentee, we ask that you:

1. Share your background and professional and personal experiences.
  2. Be prepared with a few questions to discuss with your assigned mentor during your one-on-one meeting.
  3. Visit the ISOQOL website to review the [educational](#) and [networking](#) opportunities that are available to you throughout the year. Your mentor can give you their personal experiences on the various initiatives.
- **After the Conference:** ISOQOL's formal involvement in your mentoring relationship ends after providing the connection and virtual platform. We understand that many mentors have workloads that make it challenging to continue a relationship post-conference. However, your mentoring relationship need not be limited to this reception. You may wish to find an additional time to connect with your mentor following the Annual Conference. Communicate with your mentor about what you would like to do.

Thank you for participating in this program. We hope that you find your experience as a mentee informative and rewarding.